

# *Prangos pabularia*

No Image

**Family:** Umbelliferae  
(Apiaceae)

**Local/common names:**  
Avipriya, Komal,  
Fiturasaliyum, kurungas

**Trade name:** Komal

**Profile:**

*Prangos pabularia* belongs to family Apiaceae and is valued for its medicinal uses and sometimes used as fodder. The roots and fruits have medicinal properties and are used in traditional medicine systems.

**Habitat and ecology:** The plant is common in the alpine and sub-alpine regions from Afghanistan to Kashmir at an altitudinal range of 2100-3300 m. The plant is common around Dras in Ladakh and Banihal pass in Kashmir. It can grow in semi-shade or no shade but requires moist soil. This is a hardy perennial plant, mainly suited for stony slopes. The plant grows in light (sandy) and medium (loamy) soil and requires well-drained soil.

**Morphology:** It is an erect perennial growing up to a height of 1 m. The flowers are hermaphrodite (have both male and female organs) and are pollinated by insects. The primary umbels have 5-6 linear bracts and 10-15 stout primary rays. The secondary umbels each have 5-6 linear bracteoles. The fruiting umbels are 10-15 cm across. The roots have a strong smell.

**Distinguishing features:** It is herb is having the height of 1m and the flowers are having both the characteristics male and female. The primary umbels have 5-6 linear bracts and the secondary umbels each with 5-6 linear bracteoles.

**Life cycle:** Flowering of the plant occurs in the month of June-July whereas fruiting occurs in the month of August-September.

**Uses:** The roots are burnt as incense by the local people and used as a diuretic and in the treatment of itches, infusion and irregularity of menses. Local communities also use the plant as fodder by collecting and drying the leaves during winter. It is used as antipruritic, aphrodisiac, carminative, diuretic, emmenagogue, oxytoxic, stimulant and also as a stomachic. The fruits are used to promote the expulsion of the foetus from the womb. The seeds are aphrodisiac and stomachic.

**Market rate:** Data not available